



Leicester Forest Cycling Club Parental Consent Form

Information for Parents

Young people are welcome to take part in Leicester Forest's activities and we will run specific events for children and young people. However Leicester Forest requires that parents or guardians of young people taking part in all our club activities complete our parental consent form.

This form should be completed by the parent/guardian of anyone under 18 years of age wishing to take part in Leicester Forest Cycling Club activities or wishing to join the club.

This is required for members and for non-members. Completed forms should be returned, and if applicable with the completed Application for Membership, to our Secretary:- Robert Rhys Jones, 20 Lavender Road, Leicester, LE3 1AL or can be returned to any Club Official or brought to the activity/event that you wish to take part in.

The only exception to this is for our club time trials, for which all young people must complete a [Cycling Time Trials Consent Form](#). This form must be completed each year in the presence of a club official. This can be done on the day of the club time trials.

Most of our activities will be open for young people to take part in however for activities without age restrictions e.g. weekend club runs, audax, under 16's must be accompanied by an adult.

Some of Leicester Forest activities can be challenging and anyone taking part, including young people, must have the minimum level of skills and a suitable bicycle to participate in that activity. Leicester Forest CC also recommends that young people taking part in our activities wear suitable clothing and a good fitting cycling helmet.

For more information about Leicester Forest's junior section please visit our website www.leicesterforest.org.uk

Young Person's details :

Surname:

Forename:

Date of Birth:

Address:

Post Code:

Telephone number:

preferably mobile - that an Activity Leader can call if the need arises

It is important that any Activity Leader has relevant medical details, hence the questions below :

1. Is your son /daughter diabetic or asthmatic?	Yes / No* If yes, give details:
2. Is your child taking any medication at present (including inhalers)?	Yes / No* If yes, give details:
3. Has your child received a tetanus injection in the last five years?	Yes / No*
4. Does your child suffer from any condition requiring medical treatment:	Yes / No* If yes, give details:
5. Give full details of any recent illness or injury that might affect your child's participation:	
<p>Declaration : I will ensure his/her* bike will be in a safe and roadworthy condition.</p> <p>I shall undertake to inform the Activity Leader in the event of any change in medical details.</p> <p>I understand all activities are covered by Public Liability Insurance but that there is no insurance for personal accident</p> <p>I consent to the use of photographs of my child by Leicester Forest CC for promotional purposes Yes/No Delete as applicable</p> <p>Signed by Parent / Legal Guardian*: Date: *delete as appropriate</p>	